



THIS
Prayer Journal
BELONGS TO





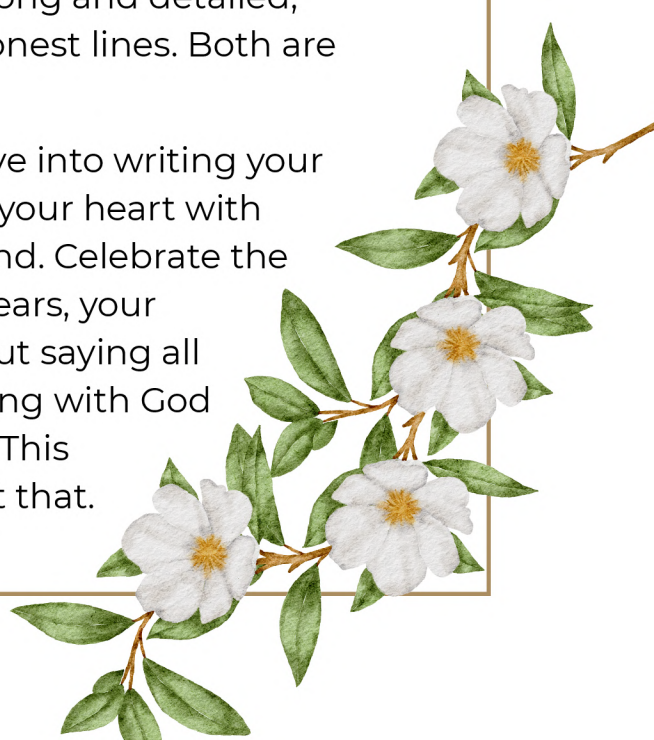
HOW TO USE THIS JOURNAL

Welcome to your prayer journal. We're so glad you're here.

Starting a faith journey is both exciting and a little overwhelming at times. There are so many new things to explore — new ideas, new habits, and a new relationship with God that is just beginning to grow. One of the best ways to deepen that relationship is through prayer. This simple prayer journal is here to help you find your footing and discover the beauty of talking to God daily, in a way that feels real and personal.

A prayer journal is exactly what it sounds like: a place to slow down, breathe, and open your heart to God through writing. It's a space where you can bring your thoughts, feelings, questions, and hopes. Each day, you'll write down a Scripture — a small piece of God's Word to anchor your thoughts — and reflect on what it speaks to you personally. It doesn't have to be complicated or perfect. Some days, your reflections might be long and detailed; other days, they might be just a few honest lines. Both are beautiful. Both are enough.

After reflecting on Scripture, you'll move into writing your prayers. This is where you get to share your heart with God. Tell Him about what's on your mind. Celebrate the good things. Bring your worries, your fears, your hopes, your questions. Prayer isn't about saying all the right words — it's simply about being with God and trusting that He listens and cares. This journal gives you a safe place to do just that.





HOW TO USE THIS JOURNAL *cont.*

Using this prayer journal daily can create some beautiful results in your life. Over time, you may notice your heart becoming more open, your spirit a little more peaceful, and your relationship with God a little deeper. You may start to recognize His voice in your life more clearly. You may begin to trust His promises more fully. You may even look back through your journal pages one day and see how far you've come — how prayers were answered, how strength was built, and how faith quietly grew.

You don't need to have all the answers to begin. You just need to be willing to show up, be honest, and invite God into the journey. He is already closer than you know, ready to meet you right where you are.

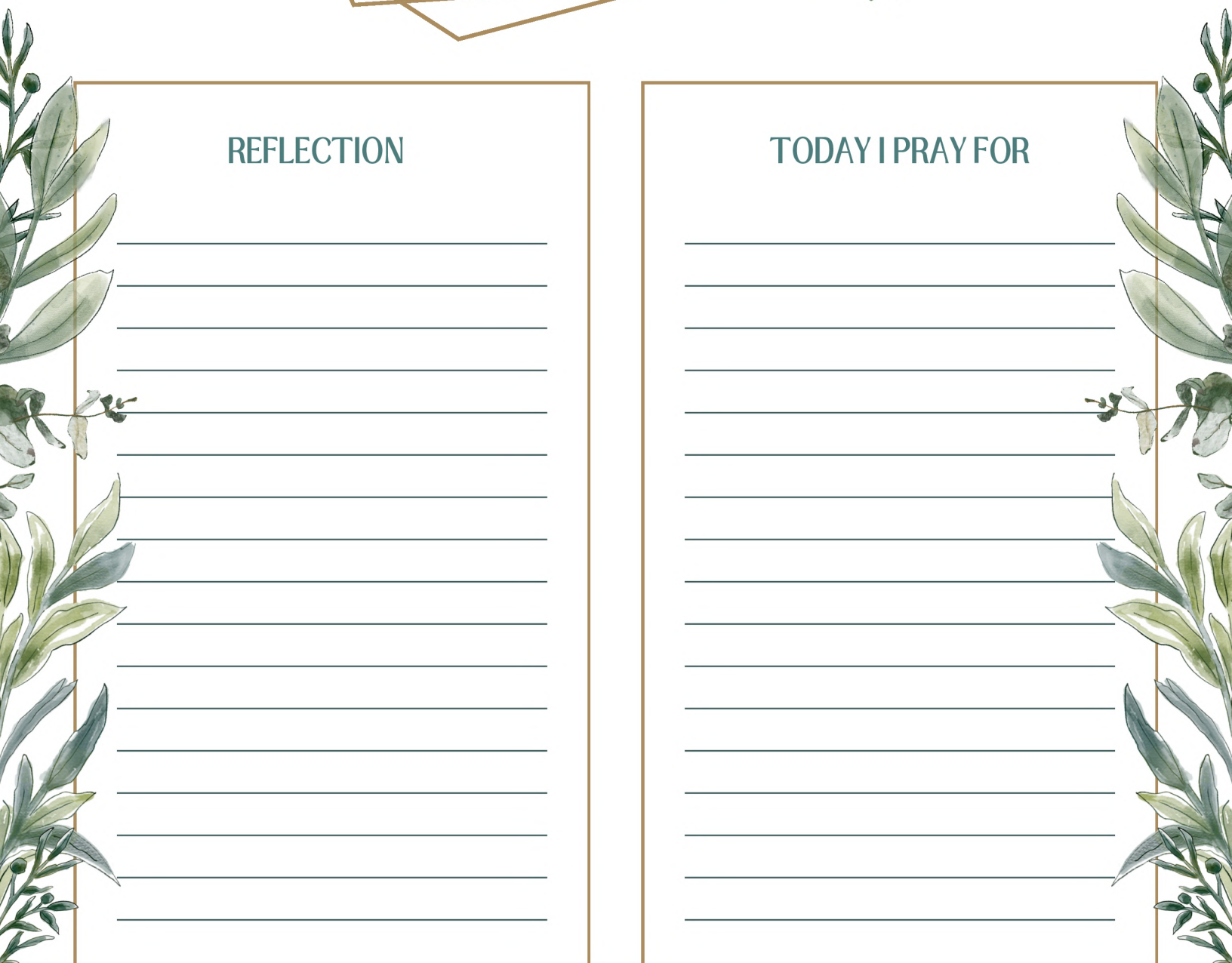
We're so excited for you as you begin this new rhythm of connecting with God. Whether this is your first prayer journal or just the first one you are using intentionally, know this: every word you write, every prayer you lift up, every moment you spend seeking God's heart — it matters. It's planting seeds of faith that will grow in ways you can't yet see.

Take your time. Be kind to yourself. Let this be a space of grace. You are beginning something beautiful.

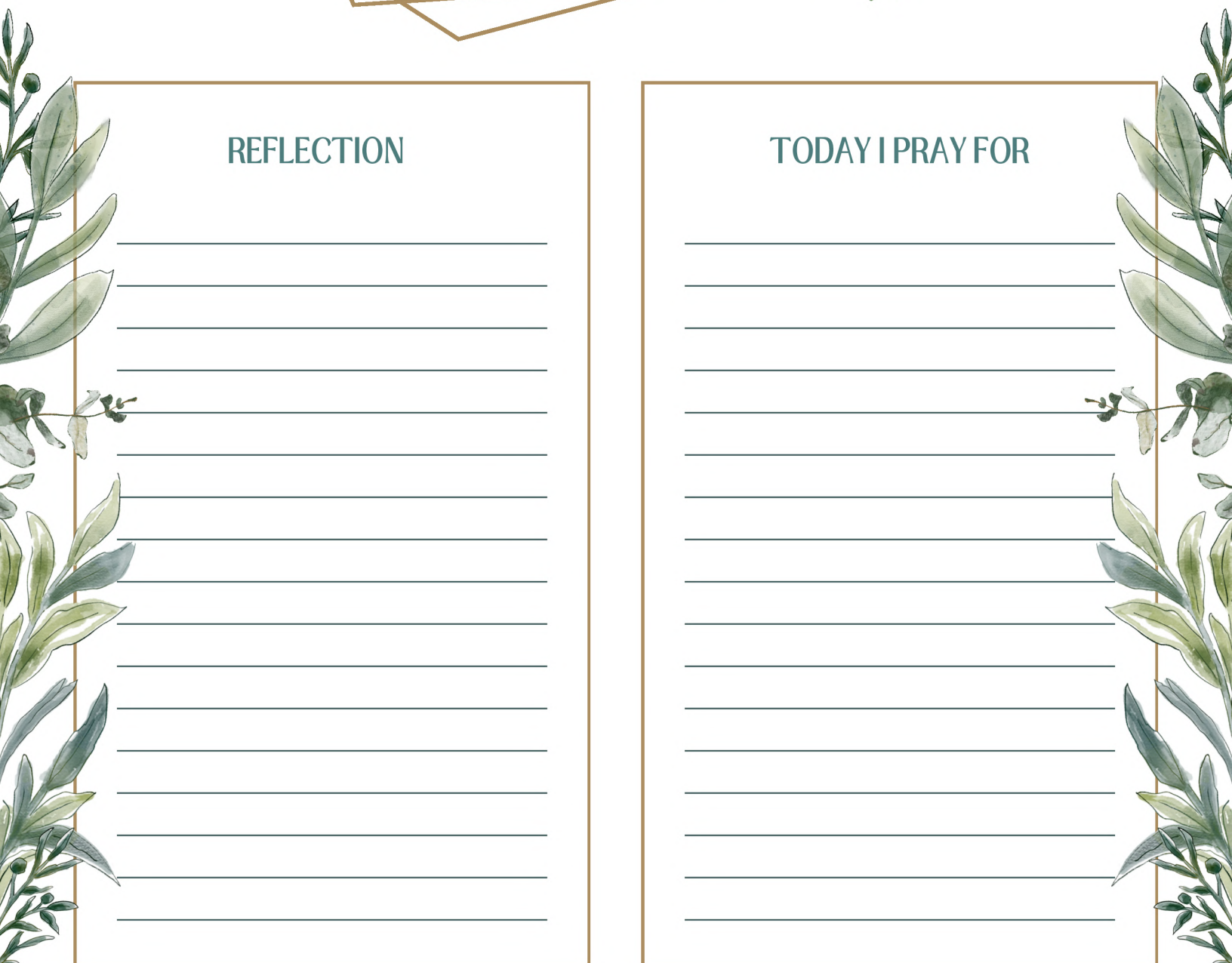
Welcome to the journey.

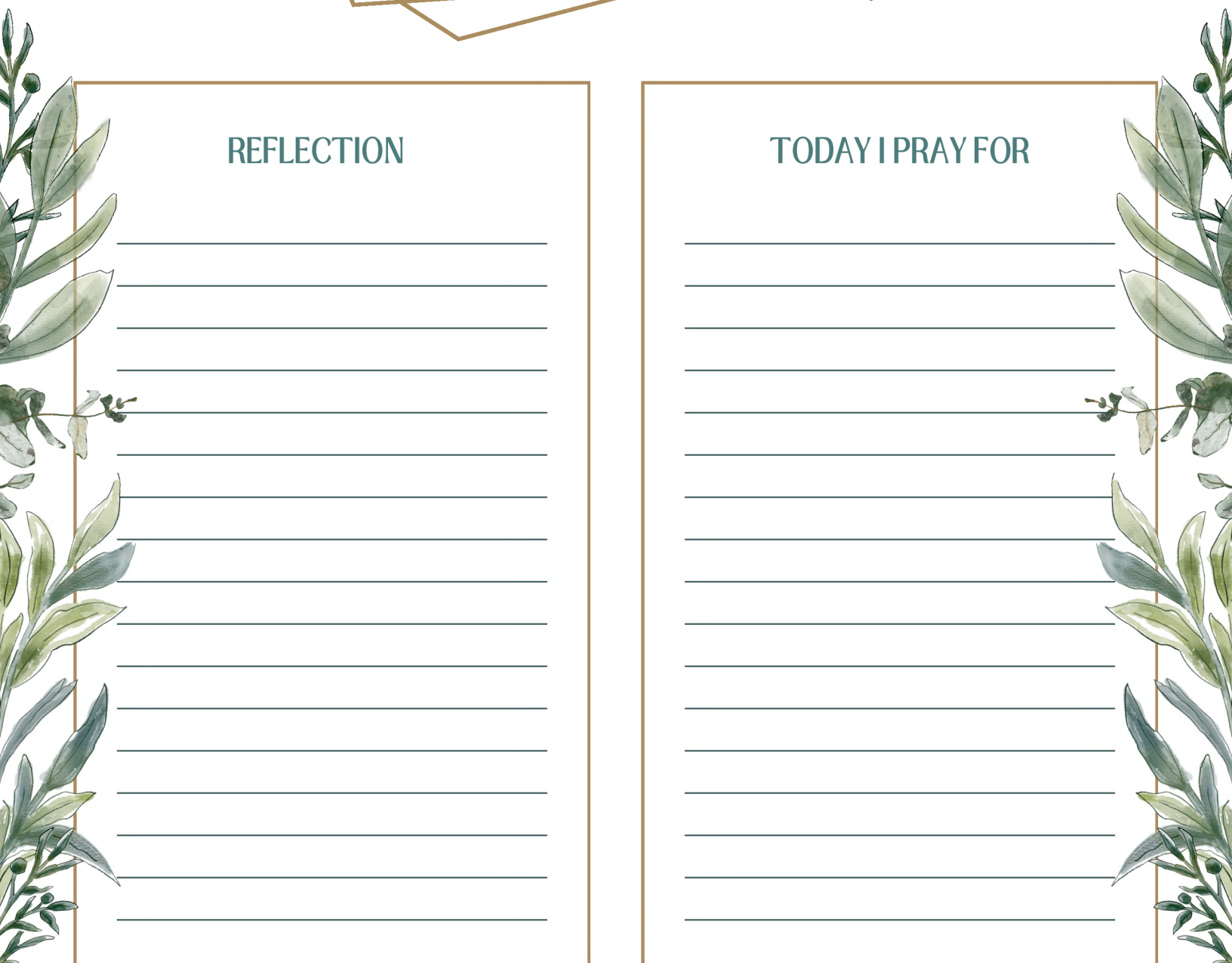


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