

A JOURNEY TOWARD DEEPER

Faith

A Bible
Reading
Plan





A JOURNEY TOWARD DEEPER FAITH

Faith isn't a destination—it's a journey. And like any journey, it has its moments of clarity and confidence, as well as times of doubt, weariness, and wondering what's next. If you've arrived at this plan, it's likely because you sense that God is calling you to go deeper. Maybe you've felt stirred during worship, challenged by Scripture, or simply aware that there's more to faith than what you've experienced so far. Whatever led you here, know this: God honors your desire to grow.

This 7-day Bible reading journey is designed to guide you into a deeper, more personal relationship with God. Each day, you'll explore a selected passage of Scripture that touches on a different aspect of what it means to walk by faith. You'll be invited to reflect on God's promises, His presence, His power, and His purpose for your life. You'll be reminded that faith is not about having all the answers, but about trusting the One who does.

You don't need to have everything figured out to begin. You simply need a willing heart. Whether you've been walking with Jesus for years or you've only just begun, this plan will meet you right where you are. You'll find space to pause, breathe, read, and reflect. Some days will challenge you. Others will comfort you. But each one will draw you a little closer to the heart of God.





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As you read, try to make space to be still. Don't rush through the verses or the reflections. Ask God to speak through His Word. Take time to write your thoughts, your prayers, and even your questions. There's no pressure to get everything "right"—this is not about performance. It's about relationship. The goal is not perfection but closeness. And that begins with showing up, each day, with an open heart.

This plan is a companion for your spiritual walk, not a rulebook. Some days might feel light and full of joy; others might feel like you're pushing through heavy soil. Both are part of growing deeper roots. And remember: God is not distant or indifferent—He is with you in every step. He sees your desire to know Him more and delights in drawing near to you.

So as you begin this week, ask God to make Himself known in fresh ways. Let His Word be your daily bread. Let His truth anchor you. Let His Spirit lead you deeper.

This is your invitation to journey into a faith that is not just strong—but alive, rich, and deeply rooted in the goodness of God.





Day 1

Faith Begins With Trust

“TRUST IN THE LORD WITH ALL YOUR HEART AND LEAN NOT ON YOUR OWN UNDERSTANDING; IN ALL YOUR WAYS SUBMIT TO HIM, AND HE WILL MAKE YOUR PATHS STRAIGHT.”

PROVERBS 3:5–6 (NIV)

Reflection

Faith is not simply believing that God exists—it’s learning to trust Him, even when we don’t understand the way forward. Proverbs 3:5–6 invites us into the foundational rhythm of faith: trust, surrender, and guidance. Trusting God with “all your heart” doesn’t mean you’ll never have doubts or questions. It means you choose to lean on Him more than you lean on your own reasoning, especially when life feels uncertain.

As you begin this journey toward deeper faith, today’s verse reminds you that God is trustworthy and actively working to direct your steps. He doesn’t demand perfection. He asks for your trust. And when you offer that, even in small amounts, He responds with loving guidance.

Journaling Prompts

- What areas of your life do you find it hardest to trust God with?
 - What does “leaning on your own understanding” look like in your daily routine?
 - How can you begin to invite God into more of your daily decisions?
 - Reflect on a time when God guided you, even when the way was unclear.
 - What would it look like to trust God “with all your heart” this week?
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Reflection

Many people associate faith with bold acts—crossing oceans, taking risks, doing the impossible. And yes, faith sometimes looks like that. But more often, faith is quiet. It's the quiet decision to trust God again today. It's the whisper of a prayer when your heart feels heavy. It's the willingness to walk forward without seeing the full picture.

Proverbs 3:5–6 teaches us that faith begins not with action, but with trust. That word “trust” here carries a sense of resting, of laying down the weight of our need to figure everything out. It's saying to God, “I don't know what comes next—but I know You do.”

In a world that rewards control and self-sufficiency, this can feel unnatural. We're told to lean on our own understanding—to rely on what we can see, predict, and manage. But God calls us into something richer: a life of daily surrender. He doesn't promise that surrender will always feel easy, but He does promise that it will lead to a straighter, clearer path than we could have found on our own.

Submission to God doesn't mean passivity. It means actively seeking His will, even in small decisions. It means opening your heart and saying, “God, I want to walk your way, even if mine seems easier right now.” The promise is not that life will be without hardship, but that your path will be directed by the One who knows you better than you know yourself.

This verse also encourages us to do this “in all your ways.” Not just on Sundays. Not just when life is difficult. All your ways. Your conversations, your choices, your finances, your relationships, your dreams. Deeper faith happens when we learn to include God in every corner of our lives.

Today, you may find yourself standing at a crossroads, unsure of what's ahead. Or maybe life is relatively steady, but your soul is longing for something more rooted. Wherever you are, this is your invitation: trust the One who sees the full picture. Faith doesn't mean you'll always feel confident—but it does mean you're choosing to rely on God more than yourself.

And as you do, He will lead you. He will guide your steps. He will make your path straight—not necessarily easy, but purposeful, meaningful, and filled with His presence.





Day 2

When Faith Feels Small

“HE REPLIED, ‘BECAUSE YOU HAVE SO LITTLE FAITH. TRULY I TELL YOU, IF YOU HAVE FAITH AS SMALL AS A MUSTARD SEED, YOU CAN SAY TO THIS MOUNTAIN, “MOVE FROM HERE TO THERE,” AND IT WILL MOVE. NOTHING WILL BE IMPOSSIBLE FOR YOU.”

PROVERBS 3:5-6 (NIV)

Reflection

Faith doesn't have to be big to be real. Jesus tells us that even faith as small as a mustard seed—one of the tiniest seeds—has great power when it's placed in the right hands. Maybe your faith feels weak right now, worn thin by disappointment, fear, or fatigue. That's okay. Your faith doesn't have to be loud or impressive. It just has to be real.

Jesus isn't asking for perfection—He's asking for your heart. When you give Him even the smallest amount of faith, He does the rest. He grows it, strengthens it, and uses it to move the mountains in your life. Today's verse reminds us that God honors the faith you have, not the faith you wish you had. Start with what you have. He will meet you there.

Journaling Prompts

- In what ways does your faith feel small right now?
- What "mountains" in your life feel unmovable?
- How can you practice trusting God with even a little faith today?
- Reflect on a time when you saw God do something with small beginnings.
- What does this verse teach you about God's expectations for your faith?



Reflection

We often equate deep faith with bold declarations, unwavering certainty, or unshakable confidence. But Jesus presents a very different picture. He tells us that even the smallest faith—faith the size of a mustard seed—can move mountains. This is both comforting and challenging. It comforts us when we feel like our faith is fragile, and it challenges us to actually use the faith we have, no matter how small it may seem.

Sometimes we delay taking steps toward God because we feel we aren't ready or strong enough. We think we need to sort our emotions first, or wait until doubt fades. But mustard-seed faith isn't about having it all together. It's about offering God what you do have. Maybe today, what you have is a whispered prayer. A question instead of a declaration. A tear instead of a song. That's enough.

The strength of your faith isn't measured by how loudly you proclaim it, but by where you place it. If your small faith is rooted in a big God, it can do great things. Mountains in Scripture often symbolize obstacles, fears, or impossible situations. And Jesus says those mountains can move—not because of the size of your belief, but because of the One you're believing in.

God isn't asking you to conjure up massive belief overnight. He's simply asking you to trust Him enough to start. That start might be opening your Bible today. It might be telling Him you're unsure, but you're still choosing to pray. That small act of faith—when placed in God's hands—is not insignificant. It's the beginning of something transformative.

Over time, small faith can grow. Like a seed planted in good soil, it stretches toward the light. But don't rush the process. Your job is not to force growth, but to stay connected to the One who causes it. Stay open. Stay present. Keep offering your heart, little by little.

If you're waiting for your faith to feel strong before you move forward, consider this: sometimes faith becomes stronger as you move, not before. And Jesus honors the step taken with trembling hands just as much as the bold leap.

Wherever your faith is today—even if it feels like the smallest seed—offer it to Him. Trust Him with it. He sees, He knows, and He will make it grow.





Day 3

Trusting What You Cannot See

“NOW FAITH IS CONFIDENCE IN WHAT WE HOPE FOR AND ASSURANCE ABOUT WHAT WE DO NOT SEE.”

HEBREWS 11:1 (NIV)

Reflection

Faith and sight do not always walk hand in hand. Hebrews 11:1 reminds us that faith is about trusting in the unseen—not because we ignore reality, but because we believe in a greater one. Life may not always give us clear signs or quick answers. But faith is the ability to say, “Even when I don’t see it, I trust God is working.”

This kind of faith doesn’t mean pretending everything is okay when it’s not. It means anchoring yourself in the promises of God when feelings falter and circumstances confuse. It’s learning to hold onto hope when your vision is clouded. You may not know how everything will work out, but faith allows you to trust the One who does. When you can’t trace His hand, trust His heart.

Journaling Prompts

- What are you hoping for right now but can’t yet see?
 - How does Hebrews 11:1 challenge or encourage your current view of faith?
 - Are there areas in your life where fear is stronger than faith? Why?
 - What promises of God can you choose to anchor your hope in today?
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Reflection

Faith isn't just believing when the path is clear—it's holding on when the road disappears. Hebrews 11:1 doesn't define faith as certainty in outcomes or instant clarity. Instead, it speaks of faith as confidence in our hope, and assurance about things we cannot see. That's not easy. We are wired to crave visibility, certainty, and control. We want to know the "how," "when," and "why" before we take a step. But faith calls us to a different rhythm.

Biblical faith rests in God's character even when His plan feels mysterious. It is not blind optimism or wishful thinking. Rather, it is deep-rooted trust in who God is—His goodness, His sovereignty, His promises. Throughout Scripture, we see people trusting God without knowing exactly how things would unfold. Noah built an ark before the first drop of rain. Abraham set out to a land he had never seen. Mary said yes without understanding what her future would hold. This kind of faith isn't neat. It's brave.

Maybe you're in a season of uncertainty right now. You can't see what's ahead. The fog hasn't lifted. Prayers seem to linger unanswered. Still, you're invited to trust—not because you know what's coming, but because you know who holds your future. God does not require you to understand all the details. He simply asks you to walk with Him in trust, one step at a time.

Walking by faith doesn't mean feelings won't waver. It means choosing truth even when emotions fluctuate. It means preaching to yourself the goodness of God when fear whispers otherwise. In seasons of darkness, we are called not to rely on our sight, but on His light.

Let this verse anchor you today. You may not see the full picture, but God does. Your faith is not in a vague hope—it is grounded in the steadfast promises of a God who never changes. He sees you, walks with you, and will never leave you.

So, step forward—even if your step feels small. Trust, even if trust feels fragile. Know that God honors faith that clings to Him in the dark. And in time, what you cannot see now will become part of the testimony of His faithfulness in your life.





Day 4

When Faith Feels Small

“...TRULY I TELL YOU, IF YOU HAVE FAITH AS SMALL AS A MUSTARD SEED, YOU CAN SAY TO THIS MOUNTAIN, ‘MOVE FROM HERE TO THERE,’ AND IT WILL MOVE. NOTHING WILL BE IMPOSSIBLE FOR YOU.”

MATTHEW 17:20 (NIV)

Reflection

Jesus never demanded perfect or impressive faith. Instead, He pointed to something almost invisible—a mustard seed—to show us that even the smallest trust in God has power. When your strength feels depleted, when your doubts are loud, when your prayers are quiet whispers, God still hears and honors that kind of faith.

Sometimes we believe that faith must be strong and unshakable to count. But Jesus flips that idea on its head. He assures us that even the tiniest bit of faith, offered sincerely, can move what feels immovable. This is not about the size of your faith—it’s about the greatness of the One you’re placing it in. So if all you can offer today is a mustard seed’s worth of trust, know that it is more than enough in God’s hands.

Journaling Prompts

- When has your faith felt small, and how did God meet you there?
- What “mountain” in your life feels too big to move right now?
- How can you offer your mustard seed of faith to God today?
- What small, faithful step can you take that will help your faith grow?



Reflection

There are days when our faith doesn't feel strong. It feels fragile, inconsistent, and hesitant—more like a flicker than a flame. And yet Jesus tells us in Matthew 17:20 that even faith as small as a mustard seed is powerful. That's both comforting and surprising. The mustard seed was one of the tiniest seeds known in Jesus' time—barely visible in the palm of your hand. Still, it holds the potential to grow into something strong and expansive.

Jesus wasn't asking His followers to conjure up massive confidence or spiritual certainty. He wasn't asking them to pretend they had it all together. He simply asked for a seed—a beginning. Faith that starts small is still faith. God isn't measuring the size of your belief; He's looking at the direction it's pointed in. Are you turning toward Him, even with trembling hands? That is more than enough.

In seasons of weariness or doubt, it's easy to feel ashamed of our weakness. We may compare ourselves to others who seem more grounded or assume that God is disappointed in us when our belief wavers. But that's not how grace works. God doesn't require a flawless faith—He meets us right where we are, mustard seed and all. He is not repelled by our weakness; He draws near to it.

The power behind mustard-seed faith isn't in the seed itself—it's in what God can do with it. That little faith, when placed in the hands of an infinite God, can move mountains. Not necessarily in dramatic, instant ways, but through steady transformation. The mountains may be internal—fear, anxiety, unbelief—or external—broken relationships, discouragement, uncertainty. But none of them are immovable to God.

If your prayers today are short and unsure, offer them anyway. If your belief feels more like questioning than confidence, bring it anyway. God isn't waiting for perfect words or bulletproof trust. He simply asks that you bring what you have. In His hands, even the smallest seed can grow into something mighty.

Keep showing up. Keep planting those little seeds of trust, hope, and obedience. Faith, like a seed, grows quietly at first—but in time, it breaks through the soil and becomes something strong, rooted, and full of life. That's the promise Jesus offers.





Day 5

Holding On in the Waiting

“THE LORD IS GOOD TO THOSE WHOSE HOPE IS IN HIM, TO THE ONE WHO SEEKS HIM; IT IS GOOD TO WAIT QUIETLY FOR THE SALVATION OF THE LORD.”

LAMENTATIONS 3:25–26 (NIV)

Reflection

Waiting is one of the hardest places for faith to grow. We often want answers, resolution, or direction right now—but faith invites us into a slower rhythm. Lamentations reminds us that God is good to those who wait with hope, not because the waiting is easy, but because it teaches us to trust.

In the stillness, we learn that God is not absent—He is present in the pause. When nothing is changing on the outside, He is often working most deeply on the inside. Quiet waiting can feel like inactivity, but it is often a place of deep spiritual formation. Don't rush past it. Meet God in the waiting.

Journaling Prompts

- What are you currently waiting on God for?
- How does waiting make you feel—spiritually, emotionally, and physically?
- In what ways might God be growing your faith in this season of delay?
- What does it look like for you to “wait quietly” and trust?



Reflection

There are seasons in life when everything feels like it's on pause. The doors don't open. The healing hasn't come. The clarity you prayed for still feels far away. These seasons of waiting can stretch our hearts and challenge our faith. We might wonder, "Has God forgotten me?" or "Why isn't anything happening?" Yet, in the book of Lamentations—a book filled with sorrow and questions—we find a profound truth: "The Lord is good to those whose hope is in him... it is good to wait quietly for the salvation of the Lord."

Waiting doesn't feel good. It feels like loss, confusion, or delay. But Scripture tells us that something good happens when we wait on God—not because the waiting itself is magical, but because of who we're waiting for. God is not slow, distracted, or disinterested. He is working in ways we cannot see, shaping things in us that we often miss in seasons of activity and noise.

Quiet waiting isn't passive. It's an act of trust. It says, "God, I don't see what You're doing, but I believe You're still good." It's an act of surrender, where we stop trying to force outcomes and instead learn to rest in God's timing. Often, what God does in us during the wait is just as important as what we're waiting for.

In the quiet, God refines our faith. He reveals what we've been depending on. He invites us to let go of control and learn to lean more fully into His promises. The waiting seasons become a classroom of faith—a place where roots deepen and dependence on God grows.

If you're in a season like this, know that you're not forgotten. God sees the tears you cry behind closed doors. He hears the prayers that feel unanswered. And even now, in the space between what was and what will be, He is with you.

You don't have to pretend the wait is easy. You don't have to force positivity or ignore your frustration. But you can choose hope. You can seek God in the silence. And you can trust that He is still writing a story that is not yet finished.

So take a breath. Let your soul be still. God is not in a hurry—but He is always on time.





Day 6

Trusting God's Timing

"THERE IS A TIME FOR EVERYTHING, AND A SEASON FOR EVERY ACTIVITY UNDER THE HEAVENS."

ECCLESIASTES 3:1

Reflection

Waiting is one of the most challenging aspects of faith. Whether it's waiting for healing, for clarity, for provision, or for a breakthrough—we often find ourselves caught between hope and disappointment. In those moments, it can feel like God is distant or inactive. But Ecclesiastes reminds us that life unfolds in seasons, and each one has a purpose. God is never late. He isn't rushed. His timing is deliberate and always rooted in love. Trusting His timing doesn't mean we pretend it's easy to wait—it means we lean into the truth that He is sovereign, even in the delay. The pause in your life is not a punishment. It may be preparation. And in time, what feels like unanswered silence may turn into a testimony of His faithfulness. God is always on time, and His plans for you are still unfolding—beautifully, and right on schedule.

Journaling Prompts

- What area of your life are you finding the hardest to wait in right now?
 - How have you seen God's faithfulness in seasons of waiting in the past?
 - What does trusting God's timing look like for you today?
 - Are there any expectations you need to surrender to God's perfect plan?
 - How might God be using this waiting period to strengthen or grow your faith?
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Reflection

It's easy to trust God when things are moving quickly and making sense. But when life feels like it's on pause—or worse, stuck—our faith is truly tested. We may pray fervently, look for signs, seek counsel, and still feel like nothing is happening. In our human way of thinking, silence can feel like absence. Delay can feel like denial. But in the kingdom of God, time is never wasted.

Ecclesiastes 3:1 tells us there is a time for everything. Not maybe. Not eventually. Everything. Every desire, every struggle, every longing—God knows them all and He holds the perfect calendar. That doesn't mean every hope is fulfilled the way we expect or on the timeline we prefer. But it does mean that God is never unaware or unmoved by what you're carrying. Waiting seasons are not forgotten seasons. They are often sacred places where character is formed, where dependence is deepened, and where your relationship with God is refined.

Many of the heroes of faith in Scripture waited long periods for God's promises to unfold. Abraham waited decades for Isaac. Joseph endured betrayal and prison before his purpose came to light. Even Jesus waited thirty years before beginning His ministry. These waiting periods were not detours—they were divine preparation.

If you're in a season where doors remain closed or prayers seem to echo back in silence, don't lose heart. God is not finished. What He has started in you, He will bring to completion. Trusting His timing requires surrender—laying down your expectations and choosing to believe that He knows what is best, not just in the long run but even today.

And while you wait, keep living. Keep worshiping. Keep planting seeds of faith. Because often, it's in the waiting that we grow the most. Faith isn't proven by how we respond to answered prayers—it's shown in how we cling to hope in the waiting.

You are not behind. You are not forgotten. You are not wasting time. You are in the hands of a God who makes everything beautiful in its time. Even now, He is working all things together for good—even if you can't yet see the full picture.





Day 7 Embracing God's Peace

"THE PEACE OF GOD, WHICH TRANSCENDS ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND YOUR MINDS IN CHRIST JESUS."

PHILIPPIANS 4:7 (NIV)

Reflection

Peace seems like a rare and precious commodity in the midst of life's struggles, yet Philippians 4:7 tells us that God's peace is available to us, even in the hardest times. This peace doesn't come from the absence of conflict, but from the presence of God. It's a peace that "transcends all understanding," meaning it's not based on our circumstances, but on the assurance that God is with us, even in our pain. When we choose to focus on His promises and trust in His plan, we allow His peace to fill our hearts and minds. This peace doesn't erase our struggles, but it offers us a quiet confidence that God is sovereign, He is good, and He will carry us through. In moments of distress, choosing to rest in His peace can transform our perspective and give us the strength to continue.

Journaling Prompts

- In what areas of your life do you most need God's peace right now?
 - How does focusing on God's presence change your understanding of peace?
 - What are some practical ways you can choose peace in the midst of your struggles?
 - How can you rely on God's peace rather than your own strength in difficult moments?
 - Reflect on a time when God's peace helped you through a tough season. How did it make a difference in your life?
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Reflection

The world around us is often filled with noise—opinions, demands, worries, and fears all vie for our attention. It's easy to become overwhelmed by the weight of everything we have to carry. When life feels chaotic and out of control, peace can seem unattainable, like a distant dream. Yet, the Bible assures us that peace is not a fleeting emotion—it is a gift from God that we can receive, even in the midst of turmoil.

Philippians 4:7 speaks of a peace that transcends all understanding. What does that mean? It means that God's peace is not based on external conditions. It doesn't depend on the absence of problems, but on the presence of God in our lives. This peace is not something we can create ourselves. It comes from trusting God and surrendering our worries to Him. In a world filled with anxiety, this peace is a profound reminder that God is in control, even when everything else feels out of control.

Peace is a promise that God gives us, but it's not something that just magically appears when we wish for it. It requires intentional action on our part. In Philippians 4:6, Paul encourages us to bring all our anxieties to God in prayer, making our requests known to Him. Only then will the peace of God guard our hearts and minds. This is an active peace, one that we receive as we choose to trust, pray, and release our fears into God's hands.

You may not have the power to control your circumstances, but you do have the power to choose where you place your focus. When we choose to focus on God and His promises, His peace begins to flow into us. It doesn't mean that the storm goes away, but it means that, like Jesus calming the storm for His disciples, God's peace gives us strength and security in the middle of it.

God's peace is not passive—it is powerful. It doesn't just fill us with calm; it protects us, guarding our hearts and minds from fear and doubt. It helps us face the day with a renewed sense of strength and hope, knowing that God is with us. Peace doesn't erase the struggle; it provides us with the grace to endure it with faith.

As you step into the future, remember that God's peace is available to you. You can carry it with you into every situation, no matter how challenging it may seem. His peace will not only calm your heart, but it will also transform your perspective, giving you the courage to keep moving forward.





TRUSTING GOD WITH YOUR JOURNEY

As we come to the end of this 7-day journey, it's important to pause and reflect on all that you've encountered over the past week. You've taken intentional steps to deepen your faith, to open your heart to God's Word, and to embrace the truth of His promises. Whether this week has been one of great joy or deep struggle, know that God has been with you every step of the way, offering His love, comfort, and peace.

The journey of deepening faith is not a quick sprint but a lifelong walk. Just as you've taken small steps in these past seven days, so too will God continue to lead you one step at a time in the days and weeks to come. Remember, it's not about reaching a destination quickly—it's about learning to trust God, to grow in His love, and to find strength in His presence.

In these seven days, you have explored how to build a foundation of trust in God, how to experience His peace even in the midst of life's storms, and how to allow His strength to carry you when you feel weak. This journey may feel overwhelming at times, but you are never alone. God's promises are unshakeable, and He will never leave you or forsake you.

Take time now to reflect on the progress you've made. What insights have you gained? What areas do you still need to trust God with? Allow these reflections to guide you in the coming days as you continue to draw near to Him.



An illustration of an olive branch with several olives in various shades of purple and yellow, and green leaves, positioned in the top-left corner of the page.

TRUSTING GOD WITH YOUR JOURNEY

As you continue your journey of faith, remember that deepening your relationship with God is a daily practice. It's found in the small moments: the prayers whispered in the quiet, the Scriptures meditated on, the ways you serve others, and the acts of kindness you show. No step is too small, and no prayer is insignificant. Every moment spent with God is an investment in a deeper, richer faith.

A Closing Prayer

Father God, thank You for walking with me through this 7-day journey of deepening faith. I praise You for Your constant presence, Your boundless love, and Your unfailing peace. Please continue to guide me as I seek to grow in You. Help me trust You more with each step I take. I ask for Your strength, Your wisdom, and Your joy to fill my heart as I continue to seek You daily. In Jesus' name, Amen.

Next Steps

As you continue to walk in faith, consider downloading additional resources such as devotionals, prayer guides, and Bible reading plans to continue growing. Keep taking those small steps, remembering that God is with you every step of the way.

May you be encouraged in knowing that your journey of faith is just beginning, and that God is faithful to complete the work He has started in you.

An illustration of an olive branch with several olives in various shades of purple and yellow, and green leaves, positioned in the bottom-right corner of the page.